



SCHOOL NEWS



This week we have been discussing what makes us unique; what talents we have and what we are good at. Members of staff have shared their talents; Vicki is good at remembering dates!, Videlina can speak at least 3 languages and Chrissy brought in her running medals to share her achievements! Discuss with your child what makes them unique and what they are good at.

MESSAGE FROM FEDERATION LEADERS

You will have heard in the national press about the teacher strikes planned for the 1st February, 2nd March, 15th and 16th March. We are currently processing the information being shared by unions, the local authority and the Department for Education. When we have ascertained their views and our statutory obligations we will share further information with you.

FEDERATION IMPROVEMENT PRIORITY

Our Federation Improvement Priority (FIP) this term is:

"To ensure that children learn to consolidate and develop taught skills beyond adult led sessions."

This term we are focusing on what skills children can learn at snack-time and lunchtime. Staff take time to teach children to become independent with the following:

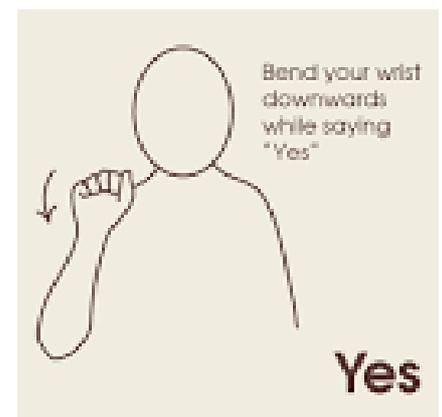
- using cutlery effectively
- opening packaging
- Taking their plates and any equipment used to the cleaning station
- setting up and cleaning the areas to eat and resetting the space where they eat

You can support at home by encouraging your child to be as independent as possible with organising themselves, feeding themselves and involving them in cleaning afterwards!



SIGN OF THE WEEK

At the Nursery we teach all children to sign. This supports communication and ensures the communication of all children is valued. This week's sign is 'Yes.' Ask any staff member to show you if you are unsure.



REMINDERS AND INFORMATION

Packed Lunches

We have noticed that some children are coming in with a very large amount of food in their packed lunch boxes. This volume of food can be overwhelming for the children and is above the recommended amount of food for an under 5. Review your child's packed lunch and if they are regularly returning with items reduce the lunch so that it is achievable and manageable. Below are some photos of recommended lunches and portion sizes from the 'Eating Well: Packed Lunches for 1-4 year olds' document produced by 'First Steps Nutrition Trust.' For further ideas you can find the document [HERE](#).

Children rarely go hungry at Heath Lane; our snack bar is open for two hours in the morning and two hours in the afternoon with a selection of healthy snacks to top up with.



Spare Clothes

We are very short of spare clothes for 3-4 year olds. Could you help by:

- Keeping your child's peg bag topped up-if clothes are sent home please try to replace them as soon as possible
- return any borrowed clothes as soon as possible-we can wash them here if this is a difficulty for you
- donate any clothing that you child grows out of? Especially trousers, pants and socks!

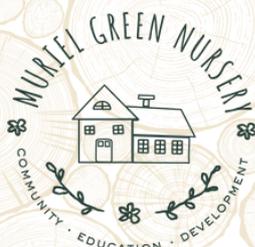
Thank you for any help with this.

Have a lovely weekend!



Roots Federation
EDUCATIONAL EXCELLENCE FOR EARLY YEARS

OUR NURSERIES



HEADTEACHER; MRS GEMMA WILLIAMSON & HAYLEY YENDELL