



# Forest School



Dear Parents and Carers,

The children have been having their introduction to learning in the outdoor classroom and garden. They will have the opportunity to be outside every day, so please bring a pair of wellies that can be left at school in our named bag system. We also have Nursery boots to borrow. The times when your child will have their Forest School session are given below.

The children will be outside in all weathers and should have appropriate clothing. In the colder months please provide a warm coat, gloves, hat, scarf and a pair of spare socks. Please put your child's name in **EVERY** single item of clothing.

Please help your child with their independence by sending them in easy fastening footwear (no laces). Allow them to practice putting their shoes and coat on and off at home. Discuss the weather with your child so they can help decide what would be appropriate clothing/footwear.

The Forest School session is approximately 45 minutes once a week. We will be learning all about the natural world in a natural outdoor environment. It teaches independence, communication and team work, self- help skills, self- motivation, creativity, risk taking and keeping safe. All children are encouraged to continue exploring and extending the activities during all their sessions at nursery.

**We welcome parent helpers to attend with their child's group. Please speak to your child's key person if you can offer a regular help time during your child's session (as listed below). This will begin after October half term.**

Over the next term we shall be covering some of the following activities;

- Observing the weather and ground conditions and deciding what clothing/footwear is appropriate.
- Changing into appropriate clothing and boots independently.
- Using equipment such as binoculars and magnifying glasses.
- Learning to keep safe from berries, mushrooms, slippery ground, tree roots etc. We learn a safety game called "1, 2, 3, Where are you?"
- Birds - Observe and learn names of different birds. Make bird feeders.
- Trees - Observe and learn names of different trees, observe changes in trees.

- British wild life - learning about native animals and their homes
- Natural Art/ textures /natures colours
- Planting bulbs, gardening
- Mini-beast hunting
- Using our senses.

**Your children will have lots of fun and may come home dirty!**

	<b>Mon</b>	<b>Tues</b>	<b>Wed</b>	<b>Thurs</b>	<b>Fri</b>
<b>Morning</b>		Hedgehogs AM	Badgers		
<b>Afternoon</b>	Owls	Butterflies	Hedgehogs PM		

Mrs Wright

Forest school leader

