



Forest School



Dear Parents and Carers,

Just to remind you that the children will be having their first introduction to learning in the outdoor classroom and garden. Please bring a pair of wellies that can be left at school in our named bag system. We also have Nursery boots to borrow. The times when your child will have their Forest School session are given below.

The children will be outside in all weathers and should have appropriate clothing. In the colder months please provide a warm coat, gloves, hat, scarf and a pair of spare socks. Please put your child's name in **EVERY** single item of clothing.

Please help your child with their independence by sending them in easy fastening footwear (no laces). Allow them to practice putting their shoes and coat on and off at home. Discuss the weather with your child so they can help decide what would be appropriate clothing/footwear.

The Forest School session is approximately an hour once a week (twice for the 30-hour groups). We will be learning all about the natural world in a natural outdoor environment. It teaches independence, communication and team work, self-help skills, self-motivation, creativity, risk taking and keeping safe. All children are encouraged to continue exploring and extending the activities during all their sessions at nursery.

We really need parent helpers to attend with their child's group. Please speak to your child's key person if you can offer a regular help time during your child's session (as listed below).

Over the next term we shall be covering some of the following activities:

- Observing the weather and ground conditions and deciding what clothing/footwear is appropriate.
- Changing into appropriate clothing and boots independently.
- Using equipment such as binoculars and magnifying glasses.
- Learning to keep safe from berries, mushrooms, slippery ground, tree roots etc. We learn a safety game called "1, 2, 3, Where are you?"
- Birds - Observe and learn names of different birds.
- Trees - Observe and learn names of different trees, observe changes in trees.
- British wild life - learning about native animals and their homes
- Den Building.
- Natural Art/ textures /natures colours
- Number hunts
- Planting bulbs, gardening
- Mini-beast hunting
- Using our senses.



Your children will have lots of fun and may come home dirty!

	Mon	Tues	Wed	Thurs	Fri
AM	Hedgehogs		Badgers	Butterflies	Owls
PM	Owls	Butterflies	Foxes		